

REGISTERED COMPANY NUMBER: 02601210 (England and Wales)  
REGISTERED CHARITY NUMBER: 1003790

CHARITY  
COMMISSION

**REPORT OF THE TRUSTEES AND**  
**UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021**  
**FOR**  
**BRIGHTON WOMEN'S CENTRE**

F1 CRT Limited  
Flat 24 Wellingtonia Court  
Laine Close  
Brighton  
East Sussex  
BN1 6TD

**CONTENTS OF THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2021**

	<b>Page</b>
<b>Report of the Trustees</b>	1 to 9
<b>Independent Examiner's Report</b>	10
<b>Statement of Financial Activities</b>	11
<b>Balance Sheet</b>	12
<b>Cash Flow Statement</b>	13
<b>Notes to the Cash Flow Statement</b>	14
<b>Notes to the Financial Statements</b>	15 to 26

**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2021**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

- a) To protect and preserve the physical and mental health of and to promote the education of women in the South East of England and in the surrounding area in particular by the provision of advice and counselling services.
- b) To relieve poverty amongst women in the area of benefit.

The charity was founded in 1974 and has been supporting women and children in Brighton and Hove ever since. In 2014 we expanded to supporting women across wider Sussex and from 2021 will be working with women in West Kent.

Our aims are to empower women and promote independence in a safe, women-only space.

For the period of this report, BWC delivered the following services:

- a) Volunteer Services including Women only Hubs delivering Volunteer led Drop-Ins, Foodbank and Holistic therapies
- b) Inspire Project for women caught up in the Criminal Justice Service
- c) Women's Accommodation Support Service
- d) Women's Peer to Peer Support groups
- e) Women's Therapy Service
- f) Women's Mental health community engagement support
- g) ToyBox Preschool
- h) Well Being Activities including a Musculoskeletal Support project, Women's 50+ group as part of the city's Ageing Well Service and Write for Life groups.

With the huge support of our local community and funders and supporters we have been able to transition all of our services to remote (telephone and/or on-line support) during the Covid 19 pandemic from March 2020. This transition has enabled BWC to develop a hybrid model of support services as we begin to re-commence face to face support.

**Public benefit**

In shaping our objectives and planning our activities for the year, the Trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in the planning of future activities.

BWC makes a positive difference to the lives of women and children. We have been supporting women and children in Brighton and Hove since 1974 and across wider Sussex since 2014. We are run for women by women and we are passionate in our commitment to empower women and children.

**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2021**

**ACHIEVEMENT AND PERFORMANCE**

**Charitable activities**

We work with women at risk or who have faced abuse, loss, trauma, poverty and homelessness, and those in contact with the criminal justice system. Whenever we can, we address needs at an early stage to avert or mitigate further crisis. We do this by placing women at the centre of support by recognising that each woman is the expert on her own experience.

BWC offers a reparative experience with a flexible, asset-based, women-centred approach. This enables each woman to develop strengths and seek to live life to its full potential, so that she, her family and the wider community all benefit.

We understand the challenges women face and design services that are holistic and integrated to meet diverse needs. BWC advocates for women, by working in partnership and leading on the development of women-centred policy and practice.

The main activities undertaken to carry out the Charity's aims for the public benefit include the provision of a diverse range of holistic and integrated services across Sussex and into Kent for women with multiple and complex vulnerabilities.

In Brighton and Hove, we provided:

- A Women Supporting Women Information and Support Line to replace the weekly Women's Hubs for women in crisis and those in need of on-going stabilisation in the community.
- Women's Peer to Peer Service
- Therapy Service - psychological therapy and dance movement psychotherapy
- Musculoskeletal Support
- Community Engagement for women with mental health issues through the Community Roots partnership.
- 50 + Women's group as part of the City's Ageing Well Service
- Volunteer training
- Foodbank which temporarily closed in the initial stages of the pandemic and re-opened in August 2020.

We work across Sussex supporting women who are rough sleeping, homeless, insecurely housed and at risk of losing their homes. This year we had to pause our co-located women workers in partner agencies to provide a women-only service and assertive outreach support to women on the streets.

We work in partnership across Sussex to deliver the Inspire project which works with women caught up in the Criminal Justice Service. We work in partnership with Kent Surrey Sussex Community Rehabilitation Company by providing female case work support addressing the 9 pathways leading to reoffending -- including mental health, domestic violence, finance, debt, accommodation.

Sadly we had to temporarily close our Ofsted registered and awarded Outstanding Pre-school but continued to support children and families via remote support.



**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2021**

**ACHIEVEMENT AND PERFORMANCE**

**Achievement and Performance 2020/21**

For the year 2020/21 we achieved the following:

Volunteer Services

Volunteer Led services took place remotely during the period April-August 2020 due to the Covid-19 pandemic. The Foodbank closed as of 16th March and re-opened in August 2020.

BWC Volunteer Services (Food bank & phone line) during this period was accessed by 133 women.

89% of women felt that support helped them to identify the positive things in life.

89% of women stated that support helped them to feel less anxious.

89% of women felt supported to make positive changes to their diet and nutrition.

78% of women felt that using volunteer services helped them to feel more in control of their lives.

78% accessing Volunteer services said it increased their social connections with other people.

100% of volunteers stated that their knowledge and skills increased throughout the year

1 volunteer left BWC to pursue further work or education in the sector.

Service User quote: "Women's Centre and food bank have been my only constant support the last year. At the beginning of the first lockdown in March 2020 I got a lot of calls offering support from charities and even the council. After 2 or 3 weeks everybody stopped calling. The food bank/Womens Centre has been there for me all the time and I appreciate it and am very grateful for it."

Inspire

Nationally this was a year of transition with the CRC's being brought back under the National Probation service and this partnership has now formed 'The Probation Service'. The knock on effect of this for the Inspire ESOs was a lower number of referrals than previous years. We had also just recruited a new ESO to the West Sussex role when lockdown came into force and this delayed the ESO's Induction.

In 2020/21 we adapted our support from face to face to phone support to meet with covid regulations. One woman who was shielding due to complexities with an illness told us "if it weren't for you calling I wouldn't speak to anyone this week" She hadn't been able to get a food delivery and didn't have any reserves in the cupboard, so, when her emergency food package, that I had arranged, turned up she called me to thank me but couldn't speak for several minutes - she just cried down the phone before being able to say "Thank-you, I'm just so relieved"

Achievements

Inspire worked with 99 women in 20/21

97% of referrals were offered appointment slot within 10 business days following referral by the Community Rehabilitation Company.

100% women reported improved emotional and psychological wellbeing

100% women reported improved access to support services and systems.

98% women reported positive outcomes for women who have been abused, raped or experienced Domestic Abuse. 97% of women rated their case worker as excellent or good at:

-Listening and understanding how they felt

-Helping them to understand the choices open to them

-Creating a safe space for them

'From Court to Support' FC2S

We were also awarded funding for a new FC2S service which is a learning pilot supporting women who are in breach of their court orders back through the breach court. Unfortunately, Covid took over the world and as a result it was agreed with our funders, Ministry of Justice, (MOJ) that the project would be put on hold for a year.

WASS (Women's Accommodation Support Service)

107 women supported

88% of women who were homeless or at imminent risk of homelessness were supported to secure accommodation

11 women were diverted from Rough Sleeping

**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2021**

**ACHIEVEMENT AND PERFORMANCE**

65 were supported to maintain existing accommodation

15 women received one-off advice and information

Funding Secured to provide Phones and Tablets for women to stay connected to support

Virtual Hubs run in partnership with Seaview Centre via Zoom

"Thank you so much for all your help. You have genuine empathy for homeless people and it makes a difference"

"I honestly can't thank you enough for everything you have done for me, not only did you help us find a home but you were there for me when I needed to talk and wasn't coping with things."

**MSK**

A total of 42 women received support this year.

Overview of needs:

(% of clients presenting with issue):

Housing - 20%

Benefits - 27%

Children & Family - 20%

Emotional support & Wellbeing - 100%

Physical Health - 100%

Domestic Abuse - 27%

Outcomes:

57% reported a positive change in feeling optimistic about the future

71% reported a positive change in feeling more relaxed

57% reported a positive change in feeling close to other people

100% reported a positive change in dealing with problems

85% felt better able to make their minds up about things

**Therapy Service**

Over this period we have supported clients remotely via Zoom and over the telephone, with an increase in referrals outside of Brighton and Hove and across Sussex.

Women have told us that working remotely has enabled them to engage with therapy, without having to leave their homes and travel which has previously been a barrier to accessing support.

Our team of therapists successfully transitioned to working from home and online, and have gained skills and have grown in confidence throughout this time, having had to manage change and adapt to new ways of workings.

We have successfully supported 3 clients under pre-trial conditions and our service has evolved into a proactive trauma aware counselling and psychotherapy service.

Achievements

- 3 Movement Psychotherapists and 6 talking therapists

- 94 clients completed a referral form

- 74 client assessments have been offered with 65 assessments being delivered

- 39 clients have been referred to a therapist to begin therapy

- The therapy service successfully transitioned to online working and this is now part of our blended offer of support

- The service merged with the P2P services to include 4 additional activities; we established an online chat function on our Website so women can contact us anonymously for support, information and signposting. Two of our movement psychotherapists worked with the P2P Manager to co-design and deliver two wellbeing groups centred on self-kindness and compassion, and social connection. We also recruited two mental health case workers who worked with 13 women over 5 months, providing emotional and practical support.



**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2021**

**ACHIEVEMENT AND PERFORMANCE**

**Client Engagement**

- 96% of clients completed the full 12 weeks of therapy

**Presenting Concerns**

- 52% % of clients present with suicide thoughts
- 51% of clients say they experience depression
- 45% of clients say they are stressed and have anxiety
- 36% of clients accessed therapy for support relating to domestic violence
- 32% of clients accessed therapy for family/relationship issues
- 32% of clients report low self esteem
- 30% of clients accessed therapy for support relating to sexual abuse
- 28% of clients would like support for panic attacks
- 27% of clients report feelings of loneliness and isolation
- 26% of clients report difficulties coping with change
- 20% have sought support for a bereavement
- 20% of clients live with an eating disorder
- 16% Rape
- 16% have physical health problems
- 14% of client have multiple suicide attempts
- 12% Trauma
- 12% of clients present with alcohol and substance misuse concerns
- 12% report that they self harm
- 8% report seeking support for financial problems
- 4% report a history of experiencing psychotic episodes
- 3% are separated from their children
- 3% seek support for sexuality concerns
- 2% disclose abuse from their children

**Where have referrals come from?**

- 18 % internal referrals
- 18% self referrals
- 14% Community Roots
- 7% Survivors Network
- 5% Rise
- 4% Social Workers
- 4% University of Sussex
- 4% Brighton and Hove Wellbeing
- 3% CPN's
- 3% GP surgery's
- 2% Mental Health Nurse
- 2% Oasis

**Women's Peer to Peer Support Service**

108 peer groups were held during the period April 2020 - March 2021

43 women participated

10 Release & Reset (movement and breath) online sessions were held

4 peer participant walks were held

12 Peer Facilitator online training sessions were held

4 Peer Facilitators were trained and buddying up to run groups

6 Peer Facilitator support groups were held

1 peer service external evaluation was completed

The service transitioned to online groups in the first lockdown with no gap in weekly peer groups

IT devices where needed were distributed, peers were coached in getting setup and using Zoom

The service supported women with multiple 1:1 calls during the first lockdown period

Support activities and craft material were posted to all peers

New activities were devised for online delivery

**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2021**

**ACHIEVEMENT AND PERFORMANCE**

Peer 'drop in' style online peer groups were piloted over the Christmas period

80% of those asked rated the service 5 out of 5

50% of those reported a decrease in their levels of loneliness (we suspect that without the pandemic this would likely of been higher)

'I have found it [the service] a lifesaver for me and my mental health.' (Peer Participant)

**Well Being Activities - Write for Life groups**

Following lockdown in March 2020, the Write for Life Group continued remotely via Zoom.

Write for Life has completed:

- 2 Introduction to Journaling Groups
- 8 monthly Journaling Workshops

A total of 22 women have engaged with the groups and workshops this year.

Feedback from participants:

- I most liked the sense of friendliness, welcoming and acceptance and connecting with others.
- I have enjoyed this course so much, Sara is a great teacher and it's so useful to learn the different techniques that she teaches. I have taken them away and been using these at home.
- I found the zoom really helpful to be able to do at home, not just because of lockdown but with a disability.
- And thank you for making the feedback format as easy to navigate as possible, it is appreciated and really heart-warming to see accessibility issues considered.
- Thank you for providing this service, it was/is much appreciated.

**ToyBox Pre-School**

ToyBox Pre-school is for children, from babies to 5 years. Sadly the Covid-19 pandemic resulted in the early closure of the Pre-school. Staff were put on flexi furlough and where possible continued to support women and families remotely.

Please refer to Brighton Women's Centre's website for more information about the impact of our services.

**FINANCIAL REVIEW**

**Financial position**

The charity achieved incurred a surplus of £165,645 on unrestricted resources during the year and this has been added to the reserves brought forward of £120,783 to leave £286,428 to be carried forward. The aim is to increase these reserves to a level set out in the 'Reserves Policy' below

**Reserves policy**

The level of reserves and cash position are regularly monitored by the Trustees. The Trustees would consider a level of unrestricted reserves equivalent to 6 months operating costs to be appropriate to be held at any one time. This refers to 6 months of the total organisational costs.

The unrestricted reserves are currently £286,428. Total costs are £541,670 - so 6 months would be £270,835.

The Charity considers it should be holding reserves to cover: the costs of dilapidations on the expiry of a lease; provisions for major repairs to a building; redundancy costs and a buffer if future funding is withdrawn, to provide the Charity time to look for alternative funding.

**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2021**

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The organisation is a charitable company limited by guarantee. The company was incorporated on 12 April 1991 under a Memorandum of Association which established the objects and powers of the company and is governed under its Articles of Association. It received charitable status on 8 August 1991.

The trustees reviewed the Articles of Association and agreed a number of changes to bring the Articles in line with the Charity Commission Model. The new Articles were formally adopted at the Annual General Meeting on 18 November 2019. There were no changes to the charitable objects of BWC, or any other changes requiring Charity Commission consent

**Appointment and activities of the Board of Trustees**

The directors of the company are also charity trustees for the purposes of charity law and under the company's Articles are known as members of the Board of Trustees. This structure forms our Board of Trustees. Under the requirements of the Memorandum and Articles of Association the members of the Board of Trustees are elected annually at the Annual General Meeting. Up to eight members may be elected at the Annual General Meeting and a further eight may be co-opted at any time.

The Board of Trustees met every two months during the year, and held one strategic away day. The Board operates two sub-committees: a Finance Sub-Committee and an HR Sub-Committee to which it delegates the responsibility for detailed scrutiny and advice on matters within their terms of reference.

**Induction and training of new trustees**

The trustees are committed to building the capacity of the Board of Trustees and trustees undertake training on specific areas of development, including fundraising, financial responsibilities and strategic planning. We continue to review or trustee recruitment strategy and to seek new trustees to join the Board based on a skills gap analysis.

**Strategic planning and development**

In addition to overseeing the running of Brighton Women's Centre and receiving management reports from the key service areas described in this report, the Board of Trustees undertake strategic reviews of the organisation at least annually. Annual Organisational Days for trustees, staff, and volunteers serve as the review and consultation mechanism within the planning cycle that drives the up-dating of the Business Plan.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

02601210 (England and Wales)

**Registered Charity number**

1003790

**Registered office**

22 Richmond Place  
Brighton  
East Sussex  
BN2 9NA

**Trustees**

Ms L A Beanlands  
Ms R M Beck  
Ms M Drayson (Treasurer)  
Ms J C Simmons (resigned 1.12.20)  
Ms M Nangle (resigned 11.8.20)  
Ms K Baker  
Ms E Bowler  
Ms S Brooke  
Ms N Blunt (Chair)



**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2021**

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Independent Examiner**

Christopher Robert Tyler FCA DChA FCIE  
Institute of Chartered Accountants in England and Wales  
F1 CRT Limited  
Flat 24 Wellingtonia Court  
Laine Close  
Brighton  
East Sussex  
BN1 6TD

**Bankers**

CAF Bank Ltd  
25 Kings Hill Avenue  
Kings Hill  
West Malling  
Kent  
ME19 4JQ

**Brighton Women's Centre Director**

Lisa Dando

**Principal Address**

22 Richmond Place  
Brighton  
East Sussex  
BN2 9NA

**FUNDS HELD AS CUSTODIAN FOR OTHERS**

The charity doesn't hold any funds on behalf of other organisations.

**STATEMENT OF TRUSTEES' RESPONSIBILITIES**

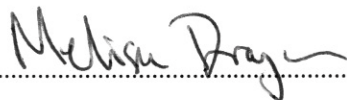
The trustees (who are also the directors of Brighton Women's Centre for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on ..... 2 / 12 / 2021 ..... and signed on its behalf by:

  
.....

**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2021**

Ms M Drayson - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
BRIGHTON WOMEN'S CENTRE**

**Independent examiner's report to the trustees of Brighton Women's Centre ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of Institute of Chartered Accountants in England and Wales which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Christopher Robert Tyler FCA DChA FCIE  
Institute of Chartered Accountants in England and Wales  
F1 CRT Limited  
Flat 24 Wellingtonia Court  
Laine Close  
Brighton  
East Sussex  
BN1 6TD

Date: 31 December 2021

**BRIGHTON WOMEN'S CENTRE****STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31 MARCH 2021**

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	50,445	5,382	55,827	83,279
<b>Charitable activities</b>					
Advice and counselling	4	4,000	600,478	604,478	342,747
Other trading activities	3	30,773	-	30,773	12,852
<b>Total</b>		<u>85,218</u>	<u>605,860</u>	<u>691,078</u>	<u>438,878</u>
<b>EXPENDITURE ON</b>					
Raising funds	5	203	800	1,003	3,358
<b>Charitable activities</b>					
Advice and counselling	6	133,876	404,301	538,177	484,934
Support costs		2,490	-	2,490	2,121
<b>Total</b>		<u>136,569</u>	<u>405,101</u>	<u>541,670</u>	<u>490,413</u>
<b>NET INCOME/(EXPENDITURE)</b>		<u>(51,351)</u>	<u>200,759</u>	<u>149,408</u>	<u>(51,535)</u>
<b>Transfers between funds</b>	17	<u>219,373</u>	<u>(219,373)</u>	<u>-</u>	<u>-</u>
<b>Net movement in funds</b>		<u>168,022</u>	<u>(18,614)</u>	<u>149,408</u>	<u>(51,535)</u>
<b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		<u>120,783</u>	<u>30,137</u>	<u>150,920</u>	<u>202,455</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>288,805</u></u>	<u><u>11,523</u></u>	<u><u>300,328</u></u>	<u><u>150,920</u></u>

The notes form part of these financial statements



**BALANCE SHEET**  
**31 MARCH 2021**

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
<b>CURRENT ASSETS</b>					
Debtors	13	10,364	-	10,364	8,677
Cash at bank and in hand		380,434	11,524	391,958	183,915
		<u>390,798</u>	<u>11,524</u>	<u>402,322</u>	<u>192,592</u>
<b>CREDITORS</b>					
Amounts falling due within one year	14	(61,994)	-	(61,994)	(41,672)
		<u>328,804</u>	<u>11,524</u>	<u>340,328</u>	<u>150,920</u>
<b>NET CURRENT ASSETS</b>					
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>					
		328,804	11,524	340,328	150,920
<b>CREDITORS</b>					
Amounts falling due after more than one year	15	(40,000)	-	(40,000)	-
		<u>288,804</u>	<u>11,524</u>	<u>300,328</u>	<u>150,920</u>
<b>NET ASSETS</b>					
<b>FUNDS</b>					
Unrestricted funds	17			288,804	120,783
Restricted funds				11,524	30,137
				<u>300,328</u>	<u>150,920</u>
<b>TOTAL FUNDS</b>					
				<u>300,328</u>	<u>150,920</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

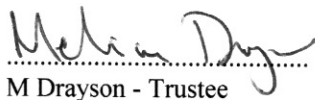
The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 21.12.2021 and were signed on its behalf by:

  
M Drayson - Trustee

The notes form part of these financial statements



**BRIGHTON WOMEN'S CENTRE**

**CASH FLOW STATEMENT**  
**FOR THE YEAR ENDED 31 MARCH 2021**

	Notes	2021 £	2020 £
<b>Cash flows from operating activities</b>			
Cash generated from operations	1	208,043	(52,045)
Net cash provided by/(used in) operating activities		208,043	(52,045)
<b>Change in cash and cash equivalents in the reporting period</b>		208,043	(52,045)
<b>Cash and cash equivalents at the beginning of the reporting period</b>		183,915	235,960
<b>Cash and cash equivalents at the end of the reporting period</b>		391,958	183,915

The notes form part of these financial statements

**BRIGHTON WOMEN'S CENTRE**

**NOTES TO THE CASH FLOW STATEMENT**  
**FOR THE YEAR ENDED 31 MARCH 2021**

**1. RECONCILIATION OF NET INCOME/(EXPENDITURE) TO NET CASH FLOW FROM OPERATING ACTIVITIES**

	2021 £	2020 £
<b>Net income/(expenditure) for the reporting period (as per the Statement of Financial Activities)</b>	149,408	(51,535)
<b>Adjustments for:</b>		
(Increase)/decrease in debtors	(1,687)	21,435
Increase/(decrease) in creditors	60,322	(21,945)
<b>Net cash provided by/(used in) operations</b>	<u>208,043</u>	<u>(52,045)</u>

**2. ANALYSIS OF CHANGES IN NET FUNDS**

	At 1.4.20 £	Cash flow £	At 31.3.21 £
<b>Net cash</b>			
Cash at bank and in hand	183,915	208,043	391,958
	<u>183,915</u>	<u>208,043</u>	<u>391,958</u>
<b>Debt</b>			
Debts falling due after 1 year	-	(40,000)	(40,000)
	<u>-</u>	<u>(40,000)</u>	<u>(40,000)</u>
<b>Total</b>	<u>183,915</u>	<u>168,043</u>	<u>351,958</u>

The notes form part of these financial statements

**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2021**

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS102, have been prepared in accordance with the Charities SORP (FRS102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019)', Financial Reporting Standard FRS102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The accounts are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The trustees/directors consider that there are no material uncertainties about the company's ability to continue as a going concern. The trustees have taken advantage of the various sources of Government support during the COVID-19 pandemic and consider that it will not have a significant impact on the company's ability to continue trading. Income from trading activities is expected to reduce due to the lockdown conditions and steps are being taken to make cost savings. The trustees regard any impact to be short term rather than affecting the company's ability to continue as a going concern. There are no material uncertainties affecting the current year's accounts.

**Income**

Incoming resources are accounted for as follows:

**Client Fees and Contract Income**

Client fees and contract income are included in the period in which the income becomes receivable, i.e. when the services are provided.

**Investment Income and All Other Income**

These are included when receivable by the charity.

**Grants**

Grants receivable are credited to income in the period to which they relate, except where the donor imposes restrictions on the timing of expenditure in which case the grant is treated as deferred. Grants relating to later periods are treated as deferred income.

**Fundraising Income**

The income from fundraising ventures is shown gross, with associated costs included within "Costs of Generating Funds".

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis including irrecoverable VAT and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Resources expended are accounted for on an accruals basis:

**Expenditure**

- a).Charitable Activities comprise all expenditure directly relating to objects of the charity.
- b).Costs of generating funds comprise the costs incurred in publicity and fundraising events.
- c).Support costs include governance costs associated with constitutional and statutory requirements.

**Tangible fixed assets**

Depreciation is calculated to write off the cost less estimated residual value of fixed assets over their useful economic lives as follows:

Fittings and Office Equipment - over 5 years straight line basis.

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2021****1. ACCOUNTING POLICIES - continued****Tangible fixed assets**

The charity capitalises assets costing more than £500.

**Taxation**

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable company for UK Corporation Tax purposes. Accordingly the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**2. DONATIONS AND LEGACIES**

	2021	2020
	£	£
Donations	13,946	10,758
Grants	31,695	65,071
Subscriptions/Fee	10,186	7,450
	<u>55,827</u>	<u>83,279</u>

Grants received, included in the above, are as follows:

	2021	2020
	£	£
Brighton and Hove City Council - Third Sector Investment Programme	-	30,124
Community Roots	-	24,947
Impact Initiatives	-	8,000
Women in Prison	6,000	2,000
Sussex Community Fund	5,250	-
Brighton and Hove City Council	10,000	-
HMRS - Job Retention Scheme	10,445	-
	<u>31,695</u>	<u>65,071</u>



**BRIGHTON WOMEN'S CENTRE****NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2021****3. OTHER TRADING ACTIVITIES**

	2021	2020
	£	£
Fundraising events	30,773	12,852

**4. INCOME FROM CHARITABLE ACTIVITIES**

	Activity	2021	2020
		£	£
Other Incoming Resources	Advice and counselling	4,000	3,000
Grants	Advice and counselling	600,478	339,747
		<u>604,478</u>	<u>342,747</u>

Grants received, included in the above, are as follows:

	2021	2020
	£	£
Adur and Worthing Borough Council	-	13,616
Comic Relief (Brighton Table Tennis Club)	-	8,331
Eastbourne Borough Council	-	5,000
HERE (Sussex Musculoskeletal Partnership)	25,224	25,222
National Probation Service	-	250
OSPCC(Sussex Officer of the Police and Crime Commissioner)	77,200	22,469
The National Lottery Community Fund	74,006	32,777
Turning Tides	17,429	9,399
University of Brighton	-	560
University of Sussex	6,000	1,260
Community Roots	49,895	-
Impact Initiatives	8,000	-
Kent Surrey and Sussex CRC	187,394	186,762
Lloyd's Bank Foundation	24,763	24,601
Reach Fund	-	9,500
Sussex Community Fund	6,750	-
Brighton and Hove City Council	30,750	-
Clinks	5,575	-
Crisis	3,850	-
Together Collective	2,080	-
DCMS & Small Wood Trust	14,352	-
Ministry of Justice	42,550	-
Sussex Health and Care Partnership	10,241	-
DWP	859	-
Lloyd's Bank Foundation - React Fund	13,560	-
	<u>600,478</u>	<u>339,747</u>

In addition the following amounts have been deferred as follows:

	2021	2020
Lloyd's Bank Foundation	20,468	24,670
The Chalk Hill Trust	3,500	3,500
Turning Tides	-	3,133
Homeless Link	9,545	-
Women in Prison	4,000	-



**BRIGHTON WOMEN'S CENTRE****NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2021****5. RAISING FUNDS****Raising donations and legacies**

	2021	2020
	£	£
Fundraising Costs	1,003	3,358

**6. CHARITABLE ACTIVITIES COSTS**

	Direct Costs (see note 7)	Support costs (see note 8)	Totals
	£	£	£
Advice and counselling	538,177	-	538,177
Support costs	-	2,490	2,490
	<u>538,177</u>	<u>2,490</u>	<u>540,667</u>

**7. DIRECT COSTS OF CHARITABLE ACTIVITIES**

	2021	2020
	£	£
Direct Costs	94,578	106,975
Staff Costs	389,121	330,042
Establishment	25,092	28,770
Office	29,386	19,147
	<u>538,177</u>	<u>484,934</u>

**8. SUPPORT COSTS**

	Governance costs
	£
Support costs	<u>2,490</u>

Support costs, included in the above, are as follows:

	2021 Support costs	2020 Total activities
	£	£
Independent Examination	2,140	2,030
AGM Costs	350	91
	<u>2,490</u>	<u>2,121</u>

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2021****9. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2021 nor for the year ended 31 March 2020.

**10. STAFF COSTS**

Staff costs during the year were as follows:

	2021	2020
	£	£
Wages and Salaries	321,594	289,767
Social Security Costs	24,852	23,012
Pension Costs	9,528	8,281
	No	No
Average monthly number of employees	17	17

No employee received emoluments in excess of £60,000 (2020 none).

The charity considers its key management personnel to be the trustees along with the director, therapeutic services manager, pre-school manager, women's peer to peer support co-ordinator, volunteer co-ordinator and partnerships and development manager. Total employment benefits (including employers national insurance and pension contributions) to its key management personnel was £160,968 (2020 : £164,580).

**11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted funds £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	81,446	1,833	83,279
<b>Charitable activities</b>			
Advice and counselling	3,000	339,747	342,747
Other trading activities	10,012	2,840	12,852
<b>Total</b>	94,458	344,420	438,878
<b>EXPENDITURE ON</b>			
Raising funds	3,358	-	3,358
<b>Charitable activities</b>			
Advice and counselling	110,794	374,140	484,934
Support costs	2,121	-	2,121
<b>Total</b>	116,273	374,140	490,413
<b>NET INCOME/(EXPENDITURE)</b>	(21,815)	(29,720)	(51,535)
<b>Transfers between funds</b>	905	(905)	-

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2021****11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued**

	Unrestricted funds £	Restricted funds £	Total funds £
Net movement in funds	(20,910)	(30,625)	(51,535)

**RECONCILIATION OF FUNDS**

Total funds brought forward	141,693	60,762	202,455
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**TOTAL FUNDS CARRIED FORWARD**

120,783	30,137	150,920
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**12. TANGIBLE FIXED ASSETS**

	Fixtures and fittings £
<b>COST</b>	
At 1 April 2020 and 31 March 2021	24,699
<b>DEPRECIATION</b>	
At 1 April 2020 and 31 March 2021	24,699
<b>NET BOOK VALUE</b>	
At 31 March 2021	-
At 31 March 2020	-

**13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2021 £	2020 £
Trade debtors	8,894	556
Prepayments and accrued income	1,470	8,121
	10,364	8,677

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2021**

**14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2021	2020
	£	£
Trade creditors	6,083	4,251
Social security and other taxes	6,145	4,118
Other creditors	2,320	-
Accrued expenses	9,933	2,000
Deferred grants	37,513	31,303
	<u>61,994</u>	<u>41,672</u>

**15. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR**

	2021	2020
	£	£
Other loans (see note 16)	<u>40,000</u>	<u>-</u>

**16. LOANS**

An analysis of the maturity of loans is given below:

	2021	2020
	£	£
Amounts falling between one and two years:		
Social Investment Loan	<u>40,000</u>	<u>-</u>

**BRIGHTON WOMEN'S CENTRE****NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2021****17. MOVEMENT IN FUNDS**

	At 1.4.20 £	Net movement in funds £	Transfers between funds £	At 31.3.21 £
<b>Unrestricted funds</b>				
General fund	95,778	(51,288)	214,373	258,863
Designated Fund (Lease)	24,100	-	5,000	29,100
Designated Fund (grants to be spent on other emergency items at BWC discretion)	905	(64)	-	841
	<u>120,783</u>	<u>(51,352)</u>	<u>219,373</u>	<u>288,804</u>
<b>Restricted funds</b>				
Brighton and Hove City Council - ToyBox Refurbishment	7,167	(169)	-	6,998
Client Grants	937	456	-	1,393
HERE (Sussex Musculoskeletal Partnership)	15,771	8,577	(24,348)	-
Kent, Surrey and Sussex CRC - Inspire	-	80,143	(80,143)	-
The National Lottery Fund - Women's Peer to Peer Mentoring Service	6,262	(179)	(6,083)	-
Communities Fund Resilience Covid-19 Recovery	-	3,000	(3,000)	-
The National Lottery Fund - Virtual Mental Health	-	7,440	(6,440)	1,000
Clinks Covid Response	-	4,758	(3,625)	1,133
Lloyd's Bank Foundation - React Programme	-	12,483	(12,483)	-
OSPCC (Sussex Office of the Police and Crime Commissioner) Emergency Covid Crisis Emergency Grant Fund	-	38,491	(37,491)	1,000
Social Investment Fund	-	2,110	(2,110)	-
DCMS Women's Sector Resilience Fund	-	(765)	765	-
OSPCC (Sussex Office of the Police and Crime Commissioner) Women's Accommodation Support	-	2,945	(2,945)	-
Turning Tides (Ending Women's Homelessness)	-	9,878	(9,878)	-
Ministry of Justice Women's Community Sector Core Funding	-	1,615	(1,615)	-
Drop In	-	2,815	(2,815)	-
Accommodation Support ES	-	26,637	(26,637)	-
	<u>-</u>	<u>525</u>	<u>(525)</u>	<u>-</u>
	<u>30,137</u>	<u>200,760</u>	<u>(219,373)</u>	<u>11,524</u>
<b>TOTAL FUNDS</b>	<u>150,920</u>	<u>149,408</u>	<u>-</u>	<u>300,328</u>



**BRIGHTON WOMEN'S CENTRE****NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2021****17. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	85,127	(136,415)	(51,288)
Designated Fund (grants to be spent on other emergency items at BWC discretion)	91	(155)	(64)
	<u>85,218</u>	<u>(136,570)</u>	<u>(51,352)</u>
<b>Restricted funds</b>			
Brighton and Hove City Council - ToyBox Refurbishment	-	(169)	(169)
Client Grants	4,691	(4,235)	456
HERE (Sussex Musculoskeletal Partnership)	25,224	(16,647)	8,577
Kent, Surrey and Sussex CRC - Inspire	187,394	(107,251)	80,143
The National Lottery Fund - Women's Peer to Peer Mentoring Service	27,821	(28,000)	(179)
Communities Fund Resilience Covid-19 Recovery	4,000	(1,000)	3,000
The National Lottery Fund - Virtual Mental Health	48,464	(41,024)	7,440
Clinks Covid Response	5,575	(817)	4,758
Lloyd's Bank Foundation - React Programme	13,560	(1,077)	12,483
OSPCC (Sussex Office of the Police and Crime Commissioner) Emergency Covid Crisis Emergency Grant Fund	47,200	(8,709)	38,491
Social Investment Fund	3,850	(1,740)	2,110
DCMS Women's Sector Resilience Fund	455	(1,220)	(765)
OSPCC (Sussex Office of the Police and Crime Commissioner) Women's Accommodation Support	14,352	(11,407)	2,945
Turning Tides (Ending Women's Homelessness)	30,000	(20,122)	9,878
Ministry of Justice Women's Community Sector Core Funding	17,428	(15,813)	1,615
Drop In	42,550	(39,735)	2,815
Community Roots (Toybox)	71,756	(45,119)	26,637
Accommodation Support ES	14,009	(14,009)	-
Sussex Health and Care Partnership	37,290	(36,765)	525
	10,241	(10,241)	-
	<u>605,860</u>	<u>(405,100)</u>	<u>200,760</u>
<b>TOTAL FUNDS</b>	<u>691,078</u>	<u>(541,670)</u>	<u>149,408</u>

**BRIGHTON WOMEN'S CENTRE****NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2021****17. MOVEMENT IN FUNDS - continued****Comparatives for movement in funds**

	At 1.4.19 £	Net movement in funds £	Transfers between funds £	At 31.3.20 £
<b>Unrestricted funds</b>				
General fund	122,593	(21,815)	-	100,778
Designated Fund (Lease)	19,100	-	-	19,100
Designated Fund (grants to be spent on other emergency items at BWC discretion)	-	-	905	905
	<u>141,693</u>	<u>(21,815)</u>	<u>905</u>	<u>120,783</u>
<b>Restricted funds</b>				
Brighton and Hove City Council - ToyBox Refurbishment	9,333	(2,166)	-	7,167
Client Grants	-	430	507	937
OSPCC - Safer in Sussex Community Fund Consultancy	4,500	(4,500)	-	-
HERE (Sussex Musculoskeletal Partnership)	30,229	(14,458)	-	15,771
Kent, Surrey and Sussex CRC - Inspire	1,279	(1,279)	-	-
The National Lottery Fund - Women's Peer to Peer Mentoring Service	9,956	(3,694)	-	6,262
Adur and Worthing Borough Council - Womens Accommodation Support	5,465	(4,053)	(1,412)	-
	<u>60,762</u>	<u>(29,720)</u>	<u>(905)</u>	<u>30,137</u>
<b>TOTAL FUNDS</b>	<u>202,455</u>	<u>(51,535)</u>	<u>-</u>	<u>150,920</u>

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2021****17. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	94,458	(116,273)	(21,815)
<b>Restricted funds</b>			
Brighton and Hove City Council - ToyBox Refurbishment	-	(2,166)	(2,166)
Client Grants	430	-	430
OSPCC - Safer in Sussex Community Fund Consultancy	4,476	(8,976)	(4,500)
HERE (Sussex Musculoskeletal Partnership)	25,386	(39,844)	(14,458)
Kent, Surrey and Sussex CRC - Inspire	190,552	(191,831)	(1,279)
The National Lottery Fund - Women's Peer to Peer Mentoring Service	32,777	(36,471)	(3,694)
Adur and Worthing Borough Council - Womens Accommodation Support	72,967	(77,020)	(4,053)
Comic Relief	8,331	(8,331)	-
Consultancy	9,501	(9,501)	-
	<u>344,420</u>	<u>(374,140)</u>	<u>(29,720)</u>
<b>TOTAL FUNDS</b>	<u>438,878</u>	<u>(490,413)</u>	<u>(51,535)</u>

The purpose of each restricted fund was as follows:

1. Brighton and Hove City Council - ToyBox Refurbishment - Pre-School and Childcare.
2. Client Grants - Grant funding from other charitable organisations managed by BWC for the purchase of emergency items for beneficiaries.
3. HERE (Sussex Musculoskeletal Partnership) - BWC MSK Link Worker project.
4. Kent, Surrey and Sussex CRC - Inspire - Inspire services for women in the Criminal Justice System.
5. The National Lottery Fund - Women's Peer to Peer Mentoring Service.
6. Community Fund Resilience Covid-19 Recovery - Support to transition services to remote support.
7. The National Lottery Fund - Virtual Mental Health - A virtual psycho-social and mental health support service.
8. Clinks Covid Response - Support for staff and beneficiaries during the Covid-19 pandemic.
9. Lloyd's Bank Foundation - React Programme - To BWC's response to the Coronavirus pandemic.
10. OSPCC (Sussex Office of the Police and Crime Commissioner) Emergency Covid - To support BWC's response to the Covid-19 pandemic.
11. Crisis Emergency Grant Fund - Support for women who are homeless and insecurely housed during the pandemic.

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2021**

**17. MOVEMENT IN FUNDS - continued**

12.Social Investment Fund - To invest in the charity's fundraising capacity in order to build and expand corporate fundraising relationships.

13.DCMS Women's Sector Resilience Fund - Financial resilience for homeless women.

14.OSPCC (Sussex Office of the Police and Crime Commissioner) Women's Accommodation Support - Women's Accommodation Support Service.

15.Turning Tides (Ending Women's Homelessness) - West Sussex Hub for WASS.

16.Ministry of Justice Women's Community Sector Core Funding - Core costs.

17.Drop In - Community Mental health support and Women's 50+ groups.

18.Community Roots (Toybox) - Childcare as part for the community mental health support service.

19.Accommodation Support ES - Women's Accommodation Support Service.

20.Sussex Health and Care Partnership - Suicide prevention.

The transfers represent the reallocation of certain fund balances brought forward and amounts to cover core costs charged to restricted projects.

**18. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2021.

**19. STATUTORY INFORMATION**

Brighton Women's Centre is a charitable company, limited by guarantee having no share capital and in accordance with the Memorandum of Association every member is liable to contribute a sum up to a maximum of £1 in the event of the company being wound up.

In the event of the winding up or dissolution of the company, after the satisfaction of all its debts and liabilities, the assets remaining shall not be distributed amongst the members of the company, but shall be transferred in the furtherance of its objects to some other charitable institution(s) having similar objectives.

The charity is under the control of the board of trustees/directors and is therefore controlled by them. No one person has ultimate control.

The company's registered number and registered office address can be found in the 'Legal and Administrative Information' section of the accounts.