# **REPORT OF THE TRUSTEES AND**

# UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

FOR

# **BRIGHTON WOMEN'S CENTRE**

F1 CRT Limited Flat 24 Wellingtonia Court Laine Close Brighton East Sussex BN1 6TD

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# <u>REPORT OF THE TRUSTEES</u> FOR THE YEAR ENDED 31 MARCH 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

# **OBJECTIVES AND ACTIVITIES**

## **Objectives and aims**

a) To protect and preserve the physical and mental health of, and to promote the education of, women in the South East of England and in the surrounding area in particular by the provision of advice and counselling services.b) To relieve poverty amongst women in the area of benefit.

The charity was founded in 1974 and has been supporting women and children in Brighton & Hove ever since. In 2014 the charity expanded to supporting women across wider Sussex and from 2021 working with women in Kent.

BWC's aims are to empower women and promote independence in a safe, women-only space.

For the period of this report, BWC delivered the following services:

- a) Support Services including women-only hubs delivering volunteer led support and a foodbank
- b) Inspire for women caught up in the Criminal Justice System
- c) Women's Accommodation Support Service
- d) Women's Peer to Peer Support
- e) Women's Counselling and Psychotherapy
- f) Women's Mental Health Support
- g) ToyBox Early Years
- h) Musculoskeletal (MSK) Link Worker Project
- i) Women's 50+ group as part of Brighton & Hove's citywide Ageing Well initiative

This year, with the huge support of our local community and funders, we have continued to reinstate our face-to-face services, while maintaining our learning from remote provision, by continuing our hybrid model of support services.

## Public benefit

In shaping our objectives and planning our activities for the year, the Trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in the planning of future activities.

BWC makes a positive difference to the lives of women and children. We have been supporting women and children in Brighton & Hove since 1974 and across wider Sussex since 2014 and in Kent since 2021. We are run for women by women, and we are passionate in our commitment to empower women and children.

# **<u>REPORT OF THE TRUSTEES</u>** FOR THE YEAR ENDED 31 MARCH 2023

## ACHIEVEMENT AND PERFORMANCE

### Charitable activities

We work with women at risk or who have faced abuse, loss, trauma, poverty and homelessness, and those in contact with the Criminal Justice System. Whenever we can, we address needs at an early stage to avert or mitigate further crisis. We do this by placing women at the centre of support by recognising that each woman is the expert of her own experience.

BWC offers a reparative experience with a flexible, asset-based, trauma-informed and women-centred approach. This enables each woman to develop strengths and seek to live life to its full potential, so that she, her family, and the wider community all benefit.

We understand the challenges women face and design services that are holistic and integrated to meet diverse needs. BWC advocates for women, by working in partnership and leading on the development of women-centred policy and practice.

The main activities undertaken to carry out the charity's aims for the public benefit include the provision of a diverse range of holistic and integrated services across Sussex and into Kent for women with multiple and complex vulnerabilities.

In this reporting year, we supported 869 women and 32 children. In Brighton & Hove, we provided:

- A Support and Information Phone Line while continuing to rebuild our weekly Well-being Hubs for women in crisis and those in need of on-going stabilisation in the community.

- The Women's Peer to Peer Support Service
- A Therapy Service psychological therapy and dance movement psychotherapy
- Musculoskeletal Link Worker support
- The Women's Accommodation Support Service
- The Inspire Service, working with women in contact with the Criminal Justice System
- Mental Health Support Coordinator role for women with mental health issues (now UOK partnership)
- 50 + women's group as part of the City's Ageing Well initiative
- Volunteer training
- Foodbank

We work across Sussex, including Brighton & Hove, supporting women who are rough sleeping, homeless, insecurely housed and at risk of losing their homes. Our Hubs co-locate women workers from partner agencies to provide a women-only service and assertive outreach support to women in need of housing support.

We work in partnership across Sussex to deliver the Inspire project which works with women caught up in the Criminal Justice System. This year we embedded our contract with the Ministry of Justice to deliver female casework support addressing the nine pathways leading to reoffending - including mental health, domestic violence, finance, debt, accommodation.

We were delighted that our Ofsted registered and awarded Outstanding Pre-school goes from strength to strength supporting children and families in our Centre. In this reporting period, we were also awarded Bronze Accreditation for our Trauma-Informed provision by One Small Thing.

# <u>REPORT OF THE TRUSTEES</u> FOR THE YEAR ENDED 31 MARCH 2023

### ACHIEVEMENT AND PERFORMANCE Achievement and Performance 2022/23

For the year 2022/23 we achieved the following:

Inspire 1997

Inspire is the overarching name for the work carried out in partnership with Her Majesty's Prison and Probation Service (HMPPS) and part of this work is funded by the Ministry of Justice (MOJ).

We are the commissioned provider for Women's Community Rehabilitation Services (CRS) in Sussex. Inspire provides a holistic, women-centred service for women in Sussex who are referred by their probation officers for support. This is a 5-year contract and became live on 26.06.2021.

## **Outcome statistics:**

Of the women who provided outcome responses:

- 57% felt more satisfied with life
- 69% felt more happy
- 47% felt more anxious
- 67% felt more like the things they do in life are worthwhile
- 57% had more trust in other people
- 85% felt more optimistic
- 89% felt more useful
- 86% were more relaxed
- 89% felt that they were dealing with problems better
- 82% felt they were thinking more clearly
- 89% felt closer to other people
- 79% felt more able to make up their own mind about things

#### Quotes and Case studies

"My Caseworker has always been very kind & let me know from our very first meeting that it was a safe place & we could talk about anything and everything which has been refreshing to not have to "watch what you say". I've been given a 'voice' to know I'm not alone & I think I have grown in confidence as the weeks have progressed"." Beatrice: Inspire

"I wouldn't have got to where I am today without my caseworker and the Women's Centre. Without the Women's Centre, I wouldn't have been able to look forward and I can now think about my needs when I couldn't before and reach out for support when I need it." Kelly

## From Court to Support (FC2S)

March 2023 saw the end of the From Court to Support project which was a pilot project working with women who were at risk or in breach of their community order. The project is due to be evaluated in 2023.

#### Musculoskeletal (MSK) Link Worker Project

A total of 72 women were referred to the service this year. Compared to last year's figure of 55 women, this represents an increase in demand of 23%. The rise in referrals has made the service very busy and there is currently a waiting list of about three months. A total of 34 women were worked with in this reporting period.

We offer emotional and practical support for women living with MSK conditions such as fibromyalgia and chronic pain. Areas covered include housing, benefits, relationships, children and family, debt, mental health and well-being. The service covers self-identifying women living in Brighton & Hove, Crawley, Horsham & mid-Sussex CCG areas.

## **<u>REPORT OF THE TRUSTEES</u>** FOR THE YEAR ENDED 31 MARCH 2023

## ACHIEVEMENT AND PERFORMANCE

#### **Outcome statistics**

Of the women who have engaged and reported outcomes during this period:

- 70% reported a positive change in feeling more satisfied with their life
- 60% reported a positive change in feeling life was more worthwhile.
- 70% reported a positive change in feeling they could trust more
- 60% reported a positive change in feeling close to other people
- 70% reported a positive change in being able to respond to their own needs
- 60% reported a positive change in feeling more in control of their life
- 70% reported a positive change in dealing with problems well
- 70% reported a positive change in ability to access support services
- 60% reported a positive change in feeling more relaxed
- 50% reported a positive change in feeling less anxiety
- 60% reported a positive change in thinking more clearly& making decisions

#### Case study:

Alice was referred for support through the MSK team. She had widespread pain, headaches and was feeling tired all the time. She said she did not want to get up in the mornings and was feeling low and anxious. At the time of the referral, Alice had been virtually house-bound for the last 18 months.

She identified she would like more independence, to manage around the house and garden more and perhaps eventually return to work. Regarding her wellbeing, she identified her biggest worry was what was going on with her son and being stuck inside constantly, with the same routine and nothing to look forward to.

Following her social care assessment, Alice had bathroom and stair rails fitted in her home, which increased her independence. She was also awarded £250 from the Brighton Fund to have an additional handrail fitted so she could access and enjoy her back garden.

Her MSK worker also made a successful application for £50 from the Household Support find to support with Alice's fuel bills. Alice has been linked into the BWC foodbank and continues to access this on a fortnightly basis.

#### Support Services

285 women were supported through this diverse offer delivered by staff and volunteers.

This service continued to deliver one weekly Women's Well-being Hub and two Support and Information Phone Line sessions per week. 96 Support and Information Phone Line sessions were held during the reporting period and support was accessed by 235 women. A total of 507 phone calls/emails were responded to by staff and volunteers.

Foodbank delivery grew ever more challenging as the year progressed, most noticeably so in the period October - March. Across the year we supported 148 households with 1168 parcels of food which represented a 30% rise in demand compared to 2021-22.

This service received funding from Police and Crime Commissioner in recognition of the work that Support Services do with large numbers of women experiencing domestic abuse and sexual violence. This funding enabled us to create a new Senior Practitioner post. The post holder was funded to undertake Independent Domestic Violence Advocates (IDVA) training and hold a small caseload whilst also supporting with service delivery and providing expertise to the rest of the team around domestic violence and abuse (DVA).

#### **Outcome statistics**

- 87% said the service has increased their social contact
- 88% said the service helped them to feel more connected to others
- 90% said the service made them feel more positive

# <u>REPORT OF THE TRUSTEES</u> FOR THE YEAR ENDED 31 MARCH 2023

## ACHIEVEMENT AND PERFORMANCE

- 81% said the service helped them to cope with changes
- 99% said they were happy or very happy with the service
- 16 volunteers completed our training programme

## Quotes:

"Thank you very much for your support, at last I found someone who can hold my hand and help me. Your phone call really made a difference to my life." (Support and Information line client)

"The foodbank has such a wide variety of food over the year that we try things we didn't know about or previously use, so a great benefit to increasing food health and knowledge - a very valuable service where everyone is treated in a friendly way, so very happy to be able to come without embarrassment. All treated the same, with the same warm welcome." (Food Bank client)

"They are really, really nice here. I know if I need support or help this is my first place to seek that." (Hub client)

## Mental Health - Mental Health Support Coordinator (MHSC)

During 2022/23 BWC employed a MHSC as part of the UOK partnership of local organisations working on mental health and well-being in Brighton & Hove. Women were referred to the MHSC for holistic support with their well-being and practical support to access relevant services.

Three women with mental health needs received support as part of the UOK partnership and the MHSC built working relationships with the other MHSCs and UOK staff. UOK and BWC established the referral pathways for adding clients and discussed amending the MHSC tools to be better suited for women's needs.

Due to staffing issues in this post, there is limited data to report.

## ToyBox Early Years

ToyBox Early Years has had an incredible year which has demonstrated growth for not only the service, but the children and families too, delivering a total of 563 childcare sessions to 32 children. We have had children join our service as ad-hoc service or temporary so they can access a partnership course and have increased their sessions to the full 15hrs p/w Seen improvements in income generated through this service. We have also seen an increase in funded places for 2-4yr olds.

ToyBox have been making determined efforts to reduce the waiting list, but due to the demand for early years education in our area, have had to close the waiting list to avoid disappointment to those families waiting.

There has been a greater demand for parenting consultation, funding-support and advocacy. The cost-of-living crisis has had a detrimental impact on some of our families and we have seen an increase in referrals to foodbanks, children-specific charities such as Pelican Parcels for items such as baby equipment, cots, clothes, shoes and Christmas presents.

Most of the children now in the nursery were born in April-June 2020 during the pandemic. We have noticed children's communication and speech and language skills have been affected as a result; staff have been on training to link letters with sounds and supporting speech and language. We have also made a good effort at linking in with health visitors to create a multi-agency approach.

Activities in ToyBox have included 'food adventures' promoting healthy eating, trips and outings to the local community as well as planting herbs, vegetables and flowers.

## **Quotes from parents:**

"This setting is very small, personal and nurturing. My daughter even asks to go in on the weekends and when on holiday. The team are very loving and responsive with the children and supportive to parents. My daughter loves it."

# <u>REPORT OF THE TRUSTEES</u> FOR THE YEAR ENDED 31 MARCH 2023

## ACHIEVEMENT AND PERFORMANCE

"The settings are great always something different to play and explore. Love the cooking with the children. Communication with Staff is excellent we are always informed at what is taking place and have regular updates. Quality of education is fantastic the children are learning something new every day. Cannot fault."

"The staff are amazing. My daughter is very happy with them and I feel very safe leaving my child with them. They respond well to her individual needs and have provided a well nurtured space for her to make some very good friends."

"Can't praise Gemma higher! She's truly the best nursery manager I've met!"

## Women's Accommodation Support Service (WASS)

183 women were supported by WASS this year, through a range of one-off advice and information and/or signposting, hub attendances and casework.

Work this year was focussed on continuing to rebuild and strengthen our Women's Hubs. The team have done some amazing work encouraging specialist professionals and organisations to co-locate once more after the disruptions caused by Covid-19. In recognition of the work that WASS do with large number of homeless and insecurely housed women experiencing abuse and sexual violence we support, we received funding that enabled two of our team to undertake the IDVA qualification and other staff to access training around Sexual Violence. This has allowed the WASS team to underpin the knowledge and experience of the staff with accredited qualifications and increase tools for this central element of our work with homeless and insecurely housed women.

## **Outcome statistics:**

- 93% of women attending our Hubs reported increased well-being through emotional support and reduced social isolation

- 93% of women felt safer as a result of discussions around domestic abuse and healthy relationships and working with their WASW on their own safety plan

- 76% reported an improvement in their accommodation situation

- 78% told us they felt more hopeful about the future

#### **Quotes from Service Users**

"Since coming to the hub as part of my probation, I've been helped so much. I look forward to Fridays and have come out of myself so much. My probation finishes tomorrow but I will still be coming every Friday as it helps my mental health as well."

"Amazing. Kind. Friendly. Very Helpful...Honestly she is the one who has been there bad, good, & still here with me on my journey, I honestly couldn't ask for a better support worker."

#### Women's Counselling and Psychotherapy

The service offered one-to-one sessions, primarily in person but also remote, for talking therapy (including psychodynamic and humanistic modalities) and also Dance Movement Psychotherapy. The service has been running with two funding streams - Heads On and PCC which has supported us to deliver therapy for women with mental health issues as well as those who have experienced Domestic or Sexual Violence.

44 women received therapy, up from 38 the previous year.

The Women's Counselling and Psychotherapy Service received 165 referrals this year, an increase of 33 from last year's figures with roughly two thirds of women referred for our service eligible for support under our PCC funding due to previous or current experiences of Domestic or Sexual Violence.

# **<u>REPORT OF THE TRUSTEES</u>** FOR THE YEAR ENDED 31 MARCH 2023

# ACHIEVEMENT AND PERFORMANCE

### **Outcome statistics**

The service grew its monitoring of client well-being outcomes significantly, (going from four completed CORE forms in the first quarter to 14 by the last quarter). Scores indicated that 20 out of 24 had improved overall measures of well-being such as increased support, reduced distress and ability to cope.

- 83% of women had overall improved well-being
- 72% had reduced anxiety or panic
- 78% had reduced unhappiness

## Quotes:

"Therapy has been transformative and I think maybe life changing. I feel like I've grown up and maybe understand myself now."

"Natasha was such a great help and such a good person to talk to. I felt confident from the first session onwards."

"Very thankful to have the ability to access affordable therapy - the wait time was worth it and I felt very supported through this journey."

## Women's Peer to Peer Support Service

This year, the Women's Peer to Peer Support Service worked with 133 women.

During this year, the service expanded the core team from one to three staff members. This meant we could begin focusing on the wider service aims such as opening peer groups outside of Brighton & Hove. Following a detailed Community Needs Assessment (CNA), co-produced with one of the peers, our new peer group in Shoreham began in October 2022. As the new year of 2023 started, we cast our eye to the East and began planning for a new group in East Sussex. The Peer to Peer Support Service engaged in multiple partnerships and ran dedicated projects such as work with artists, work on self-kindness, the menopause. Our new Service User Engagement Officer has begun laying the groundwork for recruitment and setting up a framework to move towards more co-production.

- 263 peer groups held (online and F2F) (30% increase on last year)
- 24 50+ peer groups (mostly F2F, some online)
- 46 Release & Reset sessions (online)
- 31 workshop sessions
- 2 focus groups
- 525 individual support sessions provided, including referrals (online, email, phone call, F2F)
- 11 1:1 coaching support sessions to peer facilitators

#### **Outcome statistics:**

- 100% of those asked rated the service 4 or 5/5
- 100% of those asked said they would recommend the service
- 44% reported improved wellbeing (life satisfaction)
- 28% reported improved wellbeing (optimism for the future)
- 22% increased their levels of hope (ability to see possibilities in the midst of difficulties)
- 44% increased their sense of agency (ability to make up their own mind)
- 48% felt a decrease in the levels of loneliness
- 86% of those who answered said they'd gained greater social connection from participation in the peer groups
- 90% of those who answered felt their sense of belonging
- 72% of those who answered said their skills and knowledge (generally) increased
- 72% of those who answered felt an increase in self confidence

## **<u>REPORT OF THE TRUSTEES</u>** FOR THE YEAR ENDED 31 MARCH 2023

## ACHIEVEMENT AND PERFORMANCE

## **Quotes from Service Users:**

"I don't have any doubt that without the peer support group, I am likely to have far, far greater difficulty in being heard and understood, in order to enable me to regain the perspective I need to face my own challenges ahead. Given my history, I would not be as optimistic as I have been without them. Many thanks."

"I've attended this peer group for approximately 1.5 years ...It has been life changing for me. I can't express just how much support I have received, from service users as well as facilitators. I've also been put in touch with other organisations for support and recreation (free or affordable). I live with long term depression...knowing that the group is there to help me through is amazing. I think groups like this make the world a better place, help people cope and improve their lives and I wish everyone in the world could have the same kind of support in their time of need. Including men and children (with their own peers)."

"When you bring women together in a safe space - magic can happen!"

Please refer to Brighton Women's Centre's website for more information about the impact of our services.

## FINANCIAL REVIEW

#### Financial position

The charity incurred a deficit of  $\pounds$ 41,185 on unrestricted resources during the year and this has been deducted from the reserves brought forward of  $\pounds$ 318,148 to leave  $\pounds$ 276,963 to be carried forward. The aim is to increase these reserves to a level set out in the 'Reserves Policy' below.

#### **Reserves policy**

The level of reserves and cash position are regularly monitored by the Trustees. The Trustees would consider a level of unrestricted reserves equivalent to three months operating costs to be appropriate to be held at any one time. This refers to three months of the total organisational costs.

The unrestricted reserves are currently £276,963.Total costs are £906,552 - three months would be £226,638.

The charity considers it should be holding reserves to cover: the costs of dilapidations on the expiry of a lease; provisions for major repairs to a building; redundancy costs and a buffer if future funding is withdrawn, to provide the charity time to look for alternative funding.

## STRUCTURE, GOVERNANCE AND MANAGEMENT

#### Governing document

The organisation is a charitable company limited by guarantee. The company was incorporated on 12 April 1991 under a Memorandum of Association which established the objects and powers of the company and is governed under its Articles of Association. It received charitable status on 8 August 1991.

The trustees reviewed the Articles of Association and agreed a number of changes to bring the Articles in line with the Charity Commission Model. The new Articles were formally adopted at the Annual General Meeting on 18 November 2019. There were no changes to the charitable objects of BWC, or any other changes requiring Charity Commission consent.

# <u>REPORT OF THE TRUSTEES</u> FOR THE YEAR ENDED 31 MARCH 2023

### **STRUCTURE, GOVERNANCE AND MANAGEMENT** Appointment and activities of the Board of Trustees

The directors of the company are also charity trustees for the purposes of charity law and under the company's Articles are known as members of the Board of Trustees. This structure forms our Board of Trustees. Under the requirements of the Memorandum and Articles of Association the members of the Board of Trustees are elected annually at the Annual General Meeting. Up to eight members may be elected at the Annual General Meeting and a further eight may be co-opted at any time.

The Board of Trustees met every two months during the year and held one strategic away day. The Board reviewed its committee structure during the year and now operates two sub-committees: a Finance, Resources and Risk Sub-Committee and a Development and Communications Sub-Committee to which it delegates the responsibility for detailed scrutiny and advice on matters within their terms of reference.

## Induction and training of new trustees

This year, three new Trustees joined our Board, filling identified skills gaps in Local Government Experience, Fundraising and Communications and Change Management in particular. The Trustees are committed to building the capacity of the Board of Trustees and Trustees undertake training on specific areas of development, including fundraising, financial responsibilities and strategic planning. We continue to review or trustee recruitment strategy and to seek new Trustees to join the Board based on a skills gap analysis.

## Strategic planning and development

In addition to overseeing the running of Brighton Women's Centre and receiving management reports from the key service areas described in this report, the Board of Trustees undertake strategic reviews of the organisation at least annually. Annual Organisational Days for trustees, staff, and volunteers serve as the review and consultation mechanism within the planning cycle that drives the updating of the Business Plan.

# **REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number** 02601210 (England and Wales)

**Registered Charity number** 1003790

## **Registered** office

22 Richmond Place Brighton East Sussex BN2 9NA

## Trustees

Linda Beanlands (resigned 5.7.22) Rachel Beck Melissa Drayson (Chair) Kirsty Baker (resigned 17.11.22) Elaine Bowler (Treasurer) Sophie Brooke (resigned 6.7.23) Natalie Blunt (resigned 5.7.22) Nasim Assaee (resigned 17.9.22) Amy MacConnachie (appointed 17.11.22) Mary D'Arcy (appointed 17.11.22) Amber Woodward-Brown (appointed 17.11.22)

## **<u>REPORT OF THE TRUSTEES</u>** FOR THE YEAR ENDED 31 MARCH 2023

# **REFERENCE AND ADMINISTRATIVE DETAILS**

Independent Examiner Christopher Robert Tyler FCA DChA FCIE F1 CRT Limited Flat 24 Wellingtonia Court Laine Close Brighton East Sussex BN1 6TD

# Bankers

CAF Bank Ltd 25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4JQ

Brighton Women's Centre Director Lisa Dando

# **Principal Address**

22 Richmond Place Brighton East Sussex BN2 9NA

# FUNDS HELD AS CUSTODIAN FOR OTHERS

The charity doesn't hold any funds on behalf of other organisations.

# STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Brighton Women's Centre for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on 9 November 2023 and signed on its behalf by:

Elaine Bowler - Trustee

# INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF BRIGHTON WOMEN'S CENTRE

# Independent examiner's report to the trustees of Brighton Women's Centre ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

## **Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

## Independent examiner's statement

Since your charity's gross income exceeded  $\pounds 250,000$  your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- 1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
- 2. the accounts do not accord with those records; or
- 3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Christopher Robert Tyler FCA DChA FCIE

F1 CRT Limited Flat 24 Wellingtonia Court Laine Close Brighton East Sussex BN1 6TD

23 November 2023

# STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	38,940	2,846	41,786	23,677
Charitable activities	5				
Advice and counselling		5,000	842,291	847,291	742,652
Other trading activities	3	22,149	-	22,149	29,986
Investment income	4	1,137	-	1,137	-
Total		67,226	845,137	912,363	796,315
EXPENDITURE ON					
Raising funds	6	53,861	-	53,861	37,717
Charitable activities	7				
Advice and counselling		50,747	799,664	850,411	703,237
Support costs		2,280	-	2,280	1,360
Total		106,888	799,664	906,552	742,314
NET INCOME/(EXPENDITURE)		(39,662)	45,473	5,811	54,001
Transfers between funds	18	(1,523)	1,523	-	-
Net movement in funds		(41,185)	46,996	5,811	54,001
<b>RECONCILIATION OF FUNDS</b> Total funds brought forward		318,148	36,174	354,322	300,321
TOTAL FUNDS CARRIED FORWARD		276,963	83,170	360,133	354,322

## BALANCE SHEET 31 MARCH 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
CURRENT ASSETS	Notes	L	L	L	L
Debtors	14	71,970	-	71,970	71,124
Cash at bank and in hand		357,247	83,173	440,420	420,871
		429,217	83,173	512,390	491,995
CREDITORS					
Amounts falling due within one year	15	(143,607)	-	(143,607)	(97,673)
NET CURRENT ASSETS		285,610	83,173	368,783	394,322
		200,010		500,705	
TOTAL ASSETS LESS CURRENT LIABILITIES		285,610	83,173	368,783	394,322
		200,010	05,175	500,705	571,522
CREDITORS					
Amounts falling due after more than one year	16	(8,650)	-	(8,650)	(40,000)
NET ASSETS		276,960	83,173	360,133	354,322
FUNDS Unrestricted funds	18			276.060	210 140
Restricted funds				276,960 83,173	318,148 36,174
Restreted funds				03,173	50,174
TOTAL FUNDS				360,133	354,322

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 9 November 2023 and were signed on its behalf by:

# <u>CASH FLOW STATEMENT</u> FOR THE YEAR ENDED 31 MARCH 2023

	Notes	2023 £	2022 £
	Notes	£	L
Cash flows from operating activities			
Cash generated from operations	1	33,463	28,913
Net cash provided by operating activities		33,463	28,913
Cash flows from investing activities			
Interest received		1,137	
Net cash provided by investing activities		1,137	
Cash flows from financing activities			
Loan repayments in year		(15,051)	
Net cash (used in)/provided by financing act	tivities	(15,051)	
Change in cash and cash equivalents in			
the reporting period		19,549	28,913
Cash and cash equivalents at the beginning of the reporting period		420,871	391,958
Cash and cash equivalents at the end of			
the reporting period		440,420	420,871

The notes form part of these financial statements

# NOTES TO THE CASH FLOW STATEMENT FOR THE YEAR ENDED 31 MARCH 2023

# 1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2023	2022
	£	£
Net income for the reporting period (as per the Statement of Financial		
Activities)	5,811	54,001
Adjustments for:		
Interest received	(1,137)	-
Increase in debtors	(846)	(60,760)
Increase in creditors	29,635	35,672
Net cash provided by operations	33,463	28,913

# 2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.22 £	Cash flow £	At 31.3.23 £
Net cash			
Cash at bank and in hand	420,871	19,549	440,420
	420,871	19,549	440,420
<b>Debt</b> Debts falling due within 1 year		(16,299)	(16,299)
Debts falling due after 1 year	(40,000)	31,350	(10,299) (8,650)
	(40,000)	15,051	(24,949)
Total	380,871	34,600	415,471

The notes form part of these financial statements

# **NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023**

## 1. ACCOUNTING POLICIES

### Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS102, have been prepared in accordance with the Charities SORP (FRS102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019)', Financial Reporting Standard applicable in the UK and Republic of Ireland applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The accounts are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest  $\pounds$ .

The trustees/directors consider that there are no material uncertainties about the company's ability to continue as a going concern.

## Income

Incoming resources are accounted for as follows:

Client Fees and Contract Income

Client fees and contract income are included in the period in which the income becomes receivable, i.e. when the services are provided.

Investment Income and All Other Income These are included when receivable by the charity.

Grants

Grants receivable are credited to income in the period to which they relate, except where the donor imposes restrictions on the timing of expenditure in which case the grant is treated as deferred. Grants relating to later periods are treated as deferred income.

Fundraising Income

The income from fundraising ventures is shown gross, with associated costs included within "Costs of Generating Funds".

## Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis including irrecoverable VAT and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Resources expended are accounted for on an accruals basis:

#### Expenditure

a).Charitable Activities comprise all expenditure directly relating to objects of the charity.

b).Costs of generating funds comprise the costs incurred in publicity and fundraising events.

c).Support costs include governance costs associated with constitutional and statutory requirements.

#### Tangible fixed assets

Depreciation is calculated to write off the cost less estimated residual value of fixed assets over their useful economic lives as follows:

Fittings and Office Equipment - over 5 years straight line basis.

The charity capitalises assets costing more than £500.

# **NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023**

## 1. ACCOUNTING POLICIES - continued

### Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable company for UK Corporation Tax purposes. Accordingly the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

## Fund accounting

3.

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

# 2. DONATIONS AND LEGACIES

	2023	2022
	£	£
Donations	25,529	4,691
Grants	1,600	11,462
Subscriptions/Fee	14,657	7,524
	41,786	23,677

Grants received, included in the above, are as follows:

	2023	2022
	£	£
Brighton and Hove City Council - Additional Restrictions Grant	-	3,000
HMRS - Job Retention Scheme	-	4,462
Kings Fund	1,600	-
Women in Prison fund of Lloyd's Bank Foundation		4,000
	1,600	11,462
OTHER TRADING ACTIVITIES		
	2023	2022
	£	£
Fundraising events	22,149	29,986

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# NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

#### 4. **INVESTMENT INCOME**

4.	INVESTMENT INCOME		2022	2022
			2023 £	2022 £
	Deposit account interest		1,137	L _
5.	INCOME FROM CHARIT	TABLE ACTIVITIES		
2.			2023	2022
		Activity	£	£
	Other Incoming Resources	Advice and counselling	5,000	4,000
	Grants	Advice and counselling	842,291	738,652
			847,291	742,652
	Grants received, included in	the above, are as follows:		
			2023	2022
			£	£
	Advance Charity		5,932	9,707
	Brighton and Hove City Cou	ncil	28,000	39,750
	The Chalk Cliff Trust		2,000	3,500
	DCMS via Women in Prison		19,558	51,406
	Health Education England		15,455	-
	Help the Homeless		874	-
	HERE (Sussex Musculoskele	etal Partnership)	28,614	25,493
	HMPPS Innovation Grants P	-		76,031
	Impact Initatives	- Sconner	8,000	8,000
	Jabbs Foundation		24,400	-
	Lloyd's Bank Foundation		27,250	20,468
	Kent Surrey and Sussex CRC	2	,	46,270
	Ministry of Justice	-	364,052	319,430
		x Police and Crime Commissioner)	134,399	58,852
	The National Lottery Fund	,	91,706	20,270
	Shift Project		1,400	
	Social Investment Fund		2,727	_
	Sussex Community Fund		7,500	7,500
	Together Collective		-	2,080
	UOK (Formerly Community	Works)	56,502	49,895
	Women in Prison		23,922	-
			842,291	738,652
			042,271	
	In addition the following amo	ounts have been deferred as follows:		
			2023	2022
	Nationwide		50,000	
	NHS East Sussex CCG		8,332	-
	Sussex Police		17,224	8,263
	Homeless Link		4,092	6,818
	Sussex Community Foundati	on		7,500
	The National Lottery Fund		16,626	19,090
	Donations		- ,	1,261
	Ministry of Justice		_	13 98/

Sussex Community Foundation The National Lottery Fund Donations Ministry of Justice

13,984

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# NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

#### 6. **RAISING FUNDS**

# **Raising donations and legacies**

	2023	2022
	£	£
Fundraising Costs	53,861	37,717

#### 7. CHARITABLE ACTIVITIES COSTS

Advice and counselling Support costs	Direct Costs (see note 8) £ 850,411	Support costs (see note 9) £ 2,280	Totals £ 850,411 2,280
	850,411	2,280	852,691

#### 8. DIRECT COSTS OF CHARITABLE ACTIVITIES

DIRECT COSTS OF CHARITABLE ACTIVITIES		
	2023	2022
	£	£
Direct Costs	102,967	80,405
Staff Costs	682,105	537,818
Establishment	29,411	34,231
Office	35,928	50,783
	050 411	702 027
	850,411	703,237

#### 9. SUPPORT COSTS

	Governance
	costs
	£
Support costs	2,280

Support costs, included in the above, are as follows:

	2023	2022
	Support	Total
	costs	activities
	£	£
Independent Examination	1,330	1,360
AGM Costs	931	-
Trustees expenses	19	-
		·
	2,280	1,360

# **NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023**

## 10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

# Trustees' expenses

One Trustee was reimbursed travel expenses of £19.

## 11. STAFF COSTS

Staff costs during the year were as follows:

	2023	2022
	£	£
Wages and Salaries	584,891	467,060
Social Security Costs	53,249	38,415
Pension Costs	15,970	13,408
	No	No
Average monthly number of employees	27	22

No employee received emoluments in excess of £60,000 (2022 none).

After staff restructuring the charity considers its key management personnel to be the trustees along with the director, the corporate fundraising and events manager, and the chief operating officer. Total employment benefits (including employers national insurance and pension contributions) to its key management personnel was  $\pounds 143,081$  (2022 :  $\pounds 108,152$ ).

# 12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	19,717	3,960	23,677
Charitable activities			
Advice and counselling	4,000	738,652	742,652
Other trading activities	1,059	28,927	29,986
Total	24,776	771,539	796,315
EXPENDITURE ON			
Raising funds	-	37,717	37,717
Charitable activities			
Advice and counselling	188,614	514,623	703,237
Support costs		1,360	1,360
Total	188,614	553,700	742,314
NET INCOME/(EXPENDITURE)	(163,838)	217,839	54,001
Transfers between funds	193,189	(193,189)	-
Net movement in funds	29,351	24,650	54,001

# **NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023**

12.	COMPARATIVES FOR THE STATEMENT OF FINANCIAI	L ACTIVITIES -	continued	
		Unrestricted funds £	Restricted funds £	Total funds £
	<b>RECONCILIATION OF FUNDS</b>			
	Total funds brought forward	288,796	11,525	300,321
	TOTAL FUNDS CARRIED FORWARD	318,147	36,175	354,322
13.	TANGIBLE FIXED ASSETS			
				Fixtures
				and fittings
				£
	COST			
	At 1 April 2022 and 31 March 2023			24,699
	DEPRECIATION			
	At 1 April 2022 and 31 March 2023			24,699
	NET BOOK VALUE			
	At 31 March 2023			-
	At 31 March 2022			
	At 51 March 2022			
14.	DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEA	R		
14,		A	2023	2022
			£	£
	Trade debtors		62,472	67,450
	Prepayments and accrued income		9,498	3,674
			71,970	71,124
15.	CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YI	EAR		
			2023	2022
			£	£
	Other loans (see note 17)		16,299	-
	Trade creditors Social security and other taxes		13,733 12,218	22,863 10,172
	Other creditors			3,238
	Accrued expenses		5,082	4,483
	Deferred grants		96,275	56,917
			143,607	97,673

# **NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023**

# 16. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	Other loans (see note 17)	2023 £ 8,650	2022 £ 40,000
17.	LOANS		
	An analysis of the maturity of loans is given below:		
		2023 £	2022 £
	Amounts falling due within one year on demand:		
	Social Investment Loan	16,299	-
	Amounts falling between one and two years:		
	Social Investment Loan	8,650	40,000

# **NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023**

# 18. MOVEMENT IN FUNDS

Designated Fund (Lease) Designated Fund (Grants to be spent on other emergency items at BWC discretion) Designated Fund - Drop in (Comm Roots) Designated Fund - Drop in (Fundraising)	2,035	- - -	5,000 9,008 4,431	224,851 36,635 2,035 9,008 4,431
	318,148	(39,665)	(1,523)	276,960
Restricted funds				
Brighton and Hove City Council - Contain Outbreak Management Fund	10,734	-	(10,734)	-
The Chalk Cliff Trust - Accommodation				
Support	-	1,294	-	1,294
Client Grants	859	286	-	1,145
Kent, Surrey and Sussex CRC - Inspire Ministry of Justice - Accommodation	-	(323)	323	-
Support	-	7,321	-	7,321
Ministry of Justice - From Court to Support	-	14,903	1,397	16,300
Ministry of Justice - Inspire Programme	19,883	(11,672)	2,815	11,026
NHS - Counselling	-	1,375	-	1,375
NHS Peer Mentoring Service Office of the Sussex Police and Crime	-	7,663	-	7,663
Commissioner - Accommodation Support OSPCC (Office of the Sussex Police and	-	3,300	-	3,300
Crime Commissioner) - Counselling OSPCC (Office of the Sussex Police and	-	(7,300)	12,420	5,120
Crime Commissioner) - Drop In The National Lottery - Peer Mentoring	-	4,000	-	4,000
Service	4,698	21,965	(4,698)	21,965
Shift Peer Mentoring Service	-	214	-	214
Women in Prison		2,450	-	2,450
	36,174	45,476	1,523	83,173
TOTAL FUNDS	354,322	5,811		360,133

# **NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023**

# 18. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	67,226	(105,626)	(38,400)
Designated Fund (Lease)	-	(1,265)	(1,265)
	67,226	(106,891)	(39,665)
Restricted funds			
Brighton and Hove City Council -	< 000		
Household Support Fund	6,000	(6,000)	-
Brighton and Hove City Council - Third	22,000	(22,000)	
Sector Investment Programme	22,000	(22,000)	-
The Chalk Cliff Trust - Accommodation	2,000	(70c)	1 20 4
Support Client Cronts	2,000	(706)	1,294 286
Client Grants DCMS Tampon Tax Fund via Women in	2,848	(2,562)	280
Prison	19,557	(19,557)	
Help the Homeless	874	(19,537) (874)	-
HERE (Sussex Musculoskeletal	0/4	(074)	-
Partnership)	28,614	(28,614)	_
Impact Initatives - Women's 50+ Group	20,014	(20,014)	
Peer Mentoring Service	8,000	(8,000)	_
Jabbs Foundation	24,400	(24,400)	_
Lloyd's Bank Foundation - React	21,100	(21,100)	
Programme	27,250	(27,250)	-
Kent, Surrey and Sussex CRC - Inspire	5,932	(6,255)	(323)
Ministry of Justice - Accommodation	0,,,02	(0,200)	(0-0)
Support	41,638	(34,317)	7,321
Ministry of Justice - From Court to Support	156,962	(142,059)	14,903
Ministry of Justice - Inspire Programme	165,452	(177,124)	(11,672)
NHS - Counselling	5,000	(3,625)	1,375
NHS Peer Mentoring Service	10,455	(2,792)	7,663
Office of the Sussex Police and Crime			
Commissioner - Accommodation Support	99,541	(96,241)	3,300
OSPCC (Office of the Sussex Police and			
Crime Commissioner) - Counselling	16,166	(23,466)	(7,300)
OSPCC (Office of the Sussex Police and			
Crime Commissioner) - Drop In	18,691	(14,691)	4,000
The National Lottery - Peer Mentoring			
Service	91,706	(69,741)	21,965
Shift Peer Mentoring Service	1,400	(1,186)	214
Southdowns Community Roots	56,502	(56,502)	-
Sussex Community Fund	7,500	(7,500)	-
Social Investment Fund	2,727	(2,727)	-
Women in Prison	23,922	(21,472)	2,450
	845,137	(799,661)	45,476
TOTAL FUNDS	912,363	(906,552)	5,811

# **NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023**

# 18. MOVEMENT IN FUNDS - continued

# Comparatives for movement in funds

	At 1.4.21 £	Net movement in funds £	Transfers between funds £	At 31.3.22 £
Unrestricted funds				
General fund Designated Fund (Lease)	258,856 29,100	(163,797)	188,154 3,800	283,213 32,900
Designated Fund (Grants to be spent on other emergency items at BWC discretion)	840	(40)	1,235	2,035
	288,796	(163,837)	193,189	318,148
Restricted funds				
Advance Charity Brighton and Hove City Council - Contain	-	3,954	(3,954)	-
Outbreak Management Fund	-	10,734	-	10,734
Brighton and Hove City Council - Household Support Fund	-	108	(108)	-
Brighton and Hove City Council - Third		15 145	(15, 145)	
Sector Investment Programme Brighton and Hove City Council - ToyBox	-	15,145	(15,145)	-
Refurbishment	6,998	(6,998)	-	-
Client Grants	1,394	700	(1,235)	859
Clinks Covid Response	1,133	(1,133)	-	-
Communities Fund Resilience Covid-19				
Recovery	-	(4,875)	4,875	-
DCMS Tampon Tax Fund via Women in				
Prison	-	10,761	(10,761)	-
HERE (Sussex Musculoskeletal				
Partnership)	-	7,916	(7,916)	-
HMPPS Innovation Grants Programme	-	17,799	(17,799)	-
Homeless Link Social Investment Fund Kent, Surrey and Sussex CRC - Inspire	-	(6,032) 23,237	6,032 (23,237)	-
Ministry of Justice - Inspire Programme	-	79,599	(59,716)	19,883
Ministry of Justice Women's Community	-	19,399	(39,710)	19,005
Sector Core Costs Funding	_	35,840	(35,840)	-
Ministry of Justice - Women's Peer to Peer		55,610	(55,610)	
Service	-	9,208	(9,208)	-
OSPCC (Office of the Susex Police and		,		
Crime Commissioner) - Emergency Covid OSPCC (Office of the Sussex Police and	1,000	(992)	(8)	-
Crime Commissioner) - Women's Accommodation Service	-	8,789	(8,789)	-
The National Lottery Fund - Virtual Mental Health	1,000	(1,000)	-	-
The National Lottery Fund - Women's Peer to Peer Service		5,498	(800)	4,698
Sussex Community Fund	-	7,500	(7,500)	4,098
Together Collective - Peer Mentoring	_	7,500	(7,500)	_
Befriending Service	-	2,080	(2,080)	-
	11,525	217,838	(193,189)	36,174
TOTAL FUNDS	300,321	54,001		354,322

# **NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023**

# 18. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds	~	~	~
General fund	24,776	(188,573)	(163,797)
Designated Fund (Grants to be spent on	2.,,,,,	(100,070)	(100,1917)
other emergency items at BWC discretion)	-	(40)	(40)
	24,776	(188,613)	(163,837)
Restricted funds			
Advance Charity	9,708	(5,754)	3,954
Brighton and Hove City Council - Contain			
Outbreak Management Fund	12,750	(2,016)	10,734
Brighton and Hove City Council -			
Household Support Fund	5,000	(4,892)	108
Brighton and Hove City Council - Third			
Sector Investment Programme	22,000	(6,855)	15,145
Brighton and Hove City Council - ToyBox			
Refurbishment	-	(6,998)	(6,998)
The Chalk Cliff Trust	3,500	(3,500)	-
Client Grants	1,199	(499)	700
Clinks Covid Response	1	(1,134)	(1,133)
Communities Fund Resilience Covid-19			
Recovery	1,000	(5,875)	(4,875)
DCMS Tampon Tax Fund via Women in			
Prison	51,406	(40,645)	10,761
HERE (Sussex Musculoskeletal			
Partnership)	25,494	(17,578)	7,916
HMPPS Innovation Grants Programme	76,031	(58,232)	17,799
Homeless Link Social Investment Fund	31,685	(37,717)	(6,032)
Impact Initatives - Women's 50+ Group			
Peer Mentoring Service	8,000	(8,000)	-
Lloyds Bank Foundation	20,468	(20,468)	-
Kent, Surrey and Sussex CRC - Inspire	46,269	(23,032)	23,237
Ministry of Justice - Inspire Programme	244,906	(165,307)	79,599
Ministry of Justice Women's Community			
Sector Core Costs Funding	58,493	(22,653)	35,840
Ministry of Justice - Women's Peer to Peer		( - <b>-</b> )	
Service	16,033	(6,825)	9,208
OSPCC (Office of the Susex Police and		(000	(000)
Crime Commissioner) - Emergency Covid	-	(992)	(992)
OSPCC (Office of the Sussex Police and			
Crime Commissioner) - Women's	50.051		0.700
Accommodation Service	58,851	(50,062)	8,789
The National Lottery Fund - Virtual Mental	(1.000)		(1.000)
Health	(1,000)	-	(1,000)
The National Lottery Fund - Women's Peer	20.070	(1.1.772)	<b>5</b> 400
to Peer Service	20,270	(14,772)	5,498
Southdowns Community Roots	49,895	(49,895)	-
Sussex Community Fund	7,500	-	7,500
Together Collective - Peer Mentoring	2 000		2 000
Befriending Service	2,080	-	2,080
	771 520	(552,701)	217 020
	771,539	(553,701)	217,838

# **NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023**

## 18. MOVEMENT IN FUNDS - continued TOTAL FUNDS

796,315 (742,314) 54,001

The purpose of each restricted fund was as follows:

1.Client Grants - Grant funding from other charitable organisations managed by BWC for the purchase of emergency items for beneficiaries.

2.Kent, Surrey and Sussex CRC - Inspire - Inspire services for women in the criminal justice system.

3.Drop In - Community Mental Health and Women's 50+ Services.

4.Brighton and Hove City Council - Household Support Fund - Grant funding from BHCC managed by BWC for the purchase of emergency items for beneficiaries.

5.DCMS Tampon Tax via Women in Prison.

6.Peer Mentoring Service - The National Lottery Fund Women's Peer to Peer Service.

7. Ministry of Justice - Inspire Programme.

8.Women in Prison - Lloyds Bank Foundation Criminal Justice Fund for the development of the Women's Justice Alliance.

9.Jabbs Foundation - Impact measurement.

10.NHS Peer Mentoring Service - Healthcare education and training activities.

11.Shift Peer Mentoring Service - Creative partnership programme.

12.OSPCC (Office of the Sussex Police and Crime Commissioner) - Counselling - BWC Support and Well-Being Service.

13.NHS - Counselling - Heads On, SPNHSFT Charity.

14. Accommodation Support - Chalk Cliff Trust - Grant for the purchase of furniture for outreach venue.

15.Accommodation Support - Office of the Sussex Police and Crime Commissioner - Women's Accommodation Service.

16.Accommodation Support - Ministry of Justice - Inspire Programme.

The transfers represent the reallocation of certain fund balances brought forward and amounts to cover core costs charged to restricted projects.

# **NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023**

## 19. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.

## 20. STATUTORY INFORMATION

Brighton Women's Centre is a charitable company, limited by guarantee having no share capital and, in accordance with the Memorandum of Association, every member is liable to contribute a sum up to a maximum of  $\pounds$ 1 in the event of the company being wound up.

In the event of the winding up or dissolution of the company, after the satisfaction of all its debts and liabilities, the assets remaining shall not be distributed amongst the members of the company, but shall be transferred in the furtherance of its objects to some other charitable institution(s) having similar objectives.

The charity is under the control of the board of trustees/directors and is therefore controlled by them. No one person has ultimate control.

The company's registered number and registered office address can be found in the 'Legal and Administrative Information' section of the accounts.

## **DETAILED STATEMENT OF FINANCIAL ACTIVITIES** FOR THE YEAR ENDED 31 MARCH 2023

FOR THE YEAR ENDED 31 MARCH 2023		
	2023 £	2022 £
	~	~
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	25,529	4,691
Grants Subscriptions/Fee	1,600 14,657	11,462 7,524
Subscriptions/ree		7,324
	41,786	23,677
Other trading activities		
Fundraising events	22,149	29,986
Investment income		
Deposit account interest	1,137	-
Charitable activities		
Other Incoming Resources	5,000	4,000
Grants	842,291	738,652
	847,291	742,652
Total incoming resources	912,363	796,315
EXPENDITURE		
Raising donations and legacies		
Fundraising Costs	53,861	37,717
Charitable activities		
Direct Costs	102,967	80,405
Staff Costs Establishment	682,105	537,818
Office	29,411 35,928	34,231 50,783
	850,411	703,237
Support costs		
Governance costs		
Independent Examination	1,330	1,360
AGM Costs	931	-
Trustees expenses	19	
	2,280	1,360
Total resources expended	906,552	742,314
Net income	5,811	54,001

This page does not form part of the statutory financial statements

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