

How do I get support?

You can email us at wasshousingline@womenscentre.org.uk

We will call you for an informal conversation about your situation. We will give you more information about the support available in your area, and answer any questions you may have.

The email inbox is checked twice weekly. Please leave your name and contact details and we will get back to you as soon as we can.

Or visit our website: womenscentre.org.uk/services/wass

Funded by and working in partnership with:



“

I have support with my finances and finding housing. Mostly I have someone who listens to me and understands.”

Service user

We are:

- for all self-identifying women
- run for women by women
- safe
- understanding
- trauma-informed

BWC

Women's Accommodation Support Service

*Information, advocacy and support
for homeless and insecurely housed
women across Sussex.*



Registered Charity No: 1003790

June 2024

Brighton Women's Centre
Empowering women since 1974

womenscentre.org

What we do

BWC has been supporting women in Brighton and Sussex for 50 years. We run safe, women-only hubs across Sussex where you can access:

- food and toiletries
- Wi-Fi and computers
- information, advocacy and support
- well-being activities
- specialist workers from other organisations who visit regularly to give informal advice and information about their services

“

I honestly can't thank you enough for everything you have done for me, not only did you help us find a home but you were there for me when I needed to talk and wasn't coping with things.

”

Service user

What casework offers

We offer one-to-one casework support. Casework can offer you a safe space where you can:

- be listened to and heard
- be supported to decide what you would like to change and how to make those changes

For example:

- understanding your housing options
- keeping your accommodation if it is at risk
- making your home safer
- information about specialist services and support to make contact
- improving your wellbeing
- benefits, debt and budgeting
- current and/or historic domestic abuse or sexual violence
- parenting and/or child contact
- understanding and filling forms
- drug and/or alcohol use

Our approach

We help women from all backgrounds, facing all kinds of issues, to live happier, safer lives.

Women's needs are at the centre of what we do. We recognise that each woman is an individual, with her own history, her own challenges, her own strengths and hopes.

We won't judge you or tell you what to do. We build trusting relationships based on mutual respect, creating safe, trauma-informed spaces where you can be yourself.

We will listen and support you with the issues that matter to you. We will work with you to find the information you need and support you to build confidence in your strengths so you can move towards the future you want.

