



*Empowering Women
since 1974*

What Impact Could You Have?

Supporting BWC as a Business

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Highlights from our Annual Report (2024-25)

50 Years of supporting women in Sussex

986 women and 14 children supported

1203 food parcels given to women and
families in need

600 hours of early years education
delivered at our Outstanding nursery

Mission and Values

Our Vision

An equal and fair society where every woman can live a full and rewarding life.

Our Purpose

To work holistically with women in trauma-informed, inclusive safe spaces to enable them to thrive.



Values

Openness

We approach every woman with an open mind and an open heart.

Strength

We need to help women build their own inner strength, so that they can go on to live independent, rewarding and happy lives.

Equality

We believe passionately in building a society where every individual is treated equally, regardless of their gender.

Our Services

We build trusting relationships based on mutual respect, and safe trauma-informed spaces. Through listening to those who need us on the issues that matter, we work with our women to find the information and support they need to move towards the future they want.

Counselling and Psychotherapy

Trauma informed therapy with a range of modalities, including talking therapies and creative approaches.

This service supports women who would struggle to access therapy and other services due to complex challenges relating to their physical or mental health, relationships and financial circumstances

Inspire

Positive alternatives for women in the Criminal Justice System in Sussex and Kent. Inspire provides holistic, wrap-around support for women in the Criminal Justice System.

Our Community Rehabilitation Service is funded by the Ministry of Justice and works in partnership with Kent, Surrey and Sussex Probation Service.

Care Not Custody

Our Out of Court Diversion for women involved with the Police, is funded by the Ministry of Justice and is in partnership with Sussex Police.

The scheme also provides support for women in breach of, or at risk of breaching, their Probation Community Orders.

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KSS Mental Health Collaborative

Connecting with women in adult secure mental health wards as part of the Women's Secure Pathway.

This service is in partnership with the Kent Surrey Sussex Mental Health Provider Collaborative

Peer Service

Providing supportive peer groups to enable women to build relationships with other women, and to promote a kinder relationship with themselves.

The Service allows women to gain confidence and connection through peer support, whilst accessing opportunities for developing new skills.

Support Services

Providing emotional and practical support in safe, open-access, trauma informed spaces through our weekly drop-in Women's Support Hubs, Foodbank and Support email inbox

Our Services

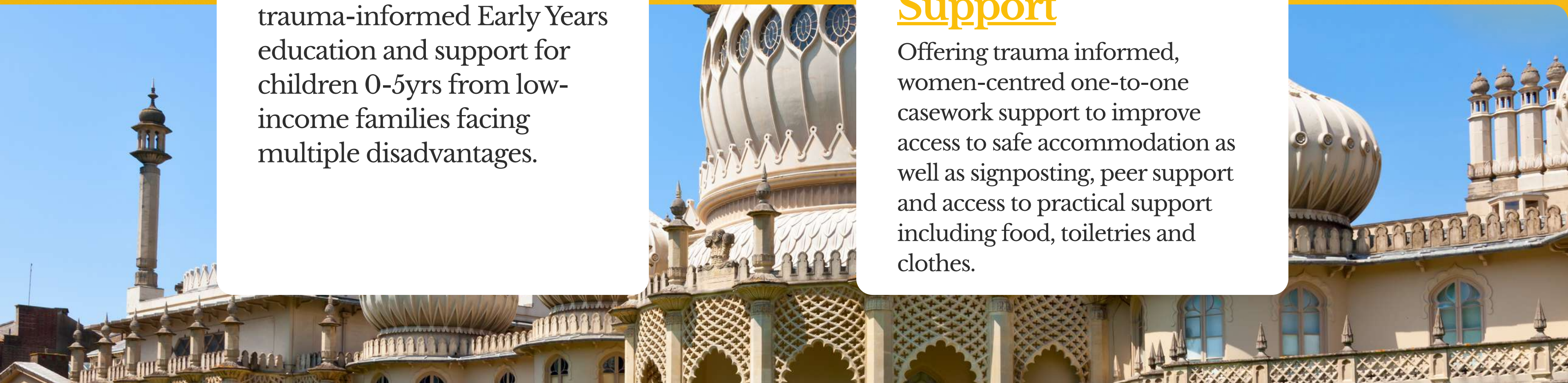
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ToyBox

ToyBox offers inclusive, trauma-informed Early Years education and support for children 0-5yrs from low-income families facing multiple disadvantages.

Women's Accommodation Support

Offering trauma informed, women-centred one-to-one casework support to improve access to safe accommodation as well as signposting, peer support and access to practical support including food, toiletries and clothes.



How Can You Help?



Pathway	Detail
Sponsorships	Sponsor support hubs, childcare sessions, therapy hours, foodbank stock and more for a tangible impact that changes lives.
Volunteering	Volunteer your time, donate your skills, raise funds at your workplace or grant wishes.
Challenge Events	Run the Brighton Half Marathon for BWC and conquer a personal goal, whilst making an important impact on the lives of others.
Gift in Kind	Help us make BWC the best, safe place it can possibly be for those we help. Check out our wishlist to support this goal.
Donate	Still want to make an impact but prefer traditional giving? Make a donation through multiple means, including one-off gifts, regular donations and payroll giving.

Sponsorships

Make a tangible impact through our programme sponsorship offer, and see what a difference you and your team could make

£600

could support a
woman with

5

hours of specialised
counselling

£1800

could provide 14
children with

A YEAR

of top-up lunches
at ToyBox

£6000

could run our
drop-in Support
Hubs for

10 sessions



Volunteering Opportunities

Skills Donation

Help us with the skills you already have - ask for how you can support

Ad-Hoc Support

From stocking the foodbank to painting and maintenance, help make BWC the best it can be

Fundraising

Raise money with your colleagues - and we'll send you a BWC Fundraising Pack

Grant a Wish

Build hampers, gifts and more with our 'grant a wish' pathway

Challenge Events



Enjoy running? Fancy challenging yourself?
Looking for a way to bond with colleagues?

Run the 2027 Brighton Half Marathon for BWC - minimum fundraising target applies

**What's in it for
your business?**

Talks and Activities

Workplace Wellbeing

{ Burnout, Boundaries and Balance
Trauma-Informed Workplaces

Equality and Inclusion

{ Gender Inequality in Everyday Life
Invisible Labour and Why It Matters

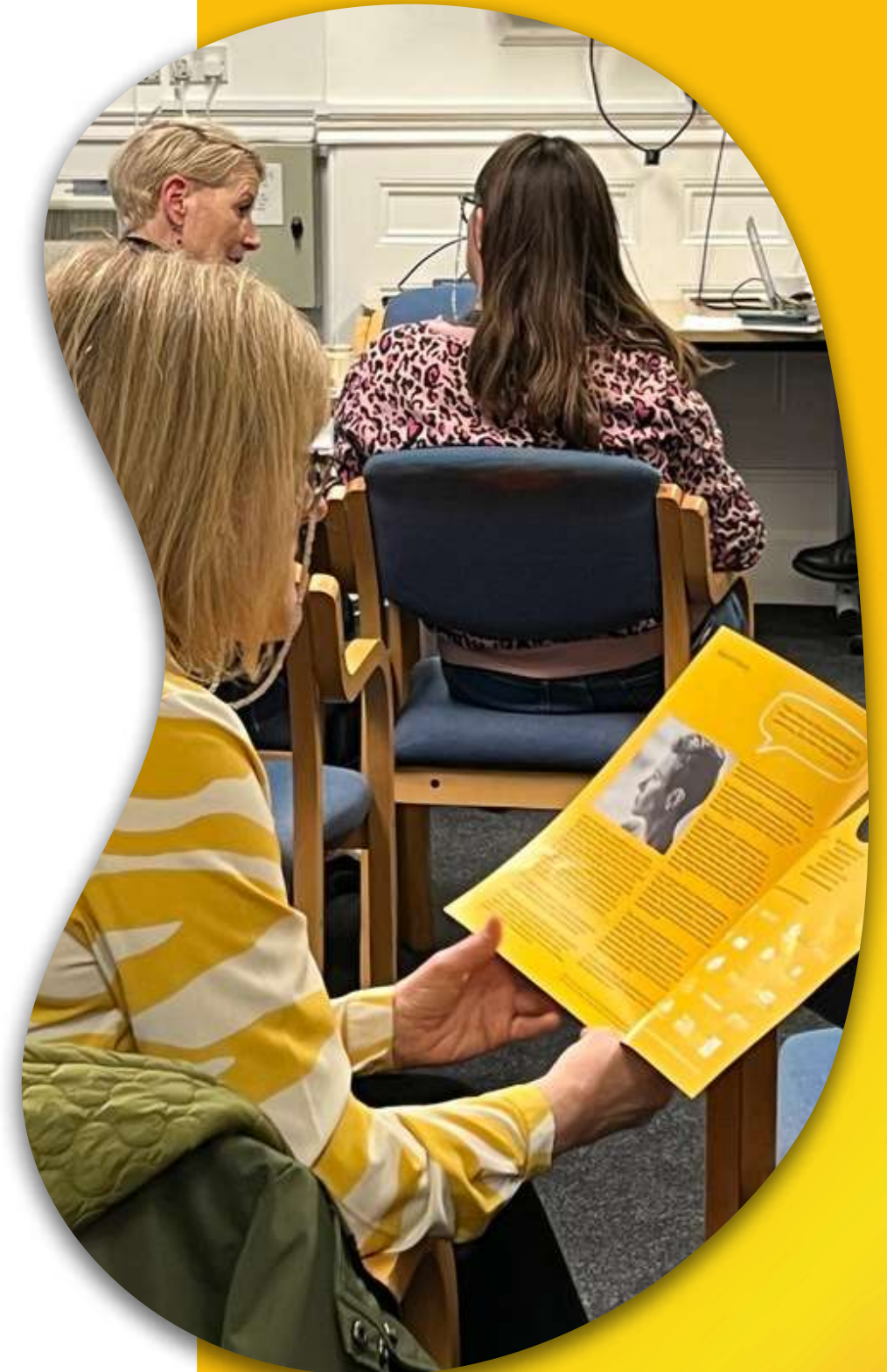
Culture and History

{ Women's History in Brighton
Women, Power and Change

Purpose and Impact

{ The Social Impact of BWC's Work
Being an Ally to Women

Ask us about our
BWC Pub Quiz!





Marketing and PR Opportunities

BWC collateral for
your business

Feature in our
annual report

Social media shoutouts
to show off your CSR

Links from our website
- improve your SEO!

Exclusive invite to our
bi-annual public AGM





BWC

Let's Connect

**Like what you see? Reach out to us
and build your giving package today!**

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